

**COVER STORY: Non-Violent Revolution**

**Track 2 2'16"**

Dr Gene Sharp is the world's foremost expert on non-violent revolution. The peaceful-resistance methods he wrote about in *From Dictatorship to Democracy* have been used in the recent pro-democracy struggles in the Middle East. In this lecture, Sharp explains how to overthrow tyrannical regimes

*Lauch*

But right now, all we have to build on is your plain capacity to be stubborn and obnoxious. Your ability to refuse to do the things you're told to do. And if there's anything most of you are good at, it's that.

And some of you are also very good in doing things you're told not to do. And you were good at this when you were a little brat. Remember the times you wouldn't take out the garbage? You say, "Oh, I'll do it later. I'll do it later." And so forth and so on. It's the beginning of a refuse-worker's strike. \*

Or the time you wouldn't clean up your room. You see? Oh, if you were driven to it, you'd pick up two or three things and throw them in a pile behind the door so they wouldn't be seen, but the rest of the mess you left. Stalling and procrastination as a deliberate technique of resistance.

Or you got mad at whoever was selling candy at the local store and you wouldn't buy any more from that so-and-so. Economic boycotts. Or when you really got mad, particularly if they were serving spinach that night, and you refused to eat. Hunger strike.

And your dogs are good at this, mine are superb at it, you know. Some dogs if they're told to stay down off the sofa, anybody around, they stay down off the sofa. But you come in a hurry, if you rush over there, you can feel how warm that sofa is! You see. That's non-obedience without direct supervision. It's a particular method in my book. The Chinese used to do it against their foreign invaders and the emperor, and most of you do it on the freeways all the time.

**PRACTICALLY SPEAKING N°1: Choosing a Mobile Phone Plan Track 3 2'40"**

by Seonaid Cruickshank

Sara is a young Canadian studying in Britain for nine months. She wants to be able to use a mobile phone. She phones a mobile company to get more information.

Salesperson: Top Phone, Mike speaking. How can I help you?

Customer: Hello, I'd like some information about your mobile-phone service.

Salesperson: What would you like to know?

Customer: I'm going to be in Britain for nine months. Can I have a monthly contract?

Salesperson: No, I'm afraid our contracts are for 12 months minimum.

Customer: What other options do I have then?

Salesperson: Well, you can have a pay-as-you-go, or a SIM-only plan.

Customer: What's the difference?

Salesperson: With the pay-as-you-go, you add credit when you want to. You can use it with an existing phone, or you can buy a phone.

Customer: I have a phone, but I might be interested in changing. Can you give me an idea of price?

Salesperson: They start at £15. The most expensive is £210.

Customer: Okay. And what is SIM only?

Salesperson: It's a monthly contract, but just for the SIM card. You have to use an existing phone. But we have 30-day or 12-month contracts on SIM only, so you could have a 30-day one.